

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 BINGO - Zoom 3 10:30 Stronger Together - Zoom 1:30 Purple Art 2:30 Lonesome Rolan on the Piano	9:30 Detective Puzzles 4 10:30 Craft Corner: Melt & Pour Soap Bar 1:30 Music with Aaron - Zoom	9:30 Sunshine BINGO - Zoom 5 10:30 Stronger Together - Zoom 1:30 Floral Arrangement Workshop	9:30 Wheel of Fortune 6 10:30 S'MORES Bingo - Zoom 1:30 Yoga Flow With Tonia - Zoom	9:30 Move & Groove with Tonia 7 10:30 Loteria - Zoom 1:00 Friday Matinee: Paddington
9:30 BINGO - Zoom 10 10:30 Stronger Together - Zoom 1:30 Purple Art	9:30 BINGO - Zoom 11 10:30 PAC Meeting - Zoom 1:30 Craft Corner: Hip Hip Hooray Headwear	9:30 ALOHA Bingo - Zoom 12 10:30 Stronger Together - Zoom 1:30 Aloha to Another Year: Birthday Bash with DJ Casey - Zoom	9:30 Who, What, Where? 13 10:30 Craft Corner: Hip Hip Hooray Headwear 1:30 Yoga Flow With Tonia - Zoom	9:30 Move & Groove with Tonia 14 10:30 Loteria - Zoom 1:00 Friday Matinee: Romancing the Stone
9:30 BINGO - Zoom 17 10:30 Stronger Together - Zoom 1:30 Purple Art	9:30 FAIRS Bingo - Zoom 18 10:30 Art Project: Stepping Stones 1:30 Music with Jerry - Zoom	9:30 Sunshine BINGO - 19 Zoom 10:30 Stronger Together - Zoom 1:30 Music With Doug - Zoom	9:30 Crosswords with Friends 20 10:30 Ez Does it Cooking: Fruit Pizza 1:30 Yoga Flow With Tonia - Zoom	21 ADMIN DAY PARTICIPANT DAY OFF 
9:30 BINGO - Zoom 24 10:30 Stronger Together - Zoom 1:30 Purple Art	9:30 BINGO - Zoom 25 10:30 Art Project: Handy Flamingo 1:30 Music with Beth - Zoom	9:30 BINGO - Zoom 26 10:30 Stronger Together - Zoom 1:30 Music with Chuck - Zoom	9:30 Family Feud 27 10:30 Art Project: Handy Flamingo 1:30 Yoga Flow With Tonia - Zoom	9:30 Move & Groove with Tonia 28 10:30 Loteria - Zoom 1:00 Friday Matinee: Jewel Of The Nile
9:30 FAIRS Bingo - Zoom 31 10:30 Stronger Together - Zoom 1:30 Purple Art	 TRU PACE AUGUST 2026 ***ALL ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE***			

Yellow Highlighted = Fitness/Movement Programs

Green Highlighted = Special Events

Blue Highlighted = Vibrancy Program